

Eastern Mennonite University

Last Chance Qualifier

Friday, May 16, 2008

Bomberger Field and Track Complex

Harrisonburg, Virginia

Meet Information

Entry Procedures/Scratches

Entries will be due Tuesday, May 13, 2008 by 9:00 p.m. and can be faxed to 540-432-4443 or e-mailed via Hy-Tek Team Manager to seth.mcguiffin@emu.edu. No later than Wednesday, May 14, performance lists will be posted on the EMU Athletic website. Call on **Thursday, May 15**, from 9:00 a.m. to noon (call 540-432-4310 or fax 540-432-4443) to make any changes. All questions may be directed to Seth McGuffin, Head Track and Field Coach at 540.432.4310.

Training Facility

A Certified Athletics Trainer will be on staff for the meet. Use of the University Commons Athletic Training Facility will be offered from 10:00 a.m. – 11:30 a.m. If you are not traveling with a trainer, please supply your own taping materials and arrange to have a note from your athletic trainer.

Rules/Conduct

NCAA rules will govern the meet. The time schedule will be adhered to as closely as possible.

Packet Pick Up

Meet information packets should be picked up by coaches starting at 11:00 a.m. on Friday, May 16 at the main white tent near the finish line.

Outdoor Track and Facility

Track	400-meter Balsam Spurtan BS 1/4" or shorter spikes or flats must be worn. The track is a 6-lane oval with an 8-lane sprint straightaway.
Hammer/Discus	Located directly behind the baseball field/concrete construction
Shot Put	Shot area is concrete and are located at the north end of the track
Javelin	Runway is grass located on the infield.
Long Jump	Two pits on north (women) and south (men) infield. Distance from the pit to the toe board for women is seven feet. Distance from the pit to the toe board for men is ten feet.
Triple Jump	Two pits on north (women) and south (men) infield. Take off boards for women are painted at 25', 30', 35' and 40' and we will only use two boards. The approach is 120'. Take off boards for men are painted at 25', 30', 35' and 40' and we will only use two boards. The approach is 115'.
Timing System	Finish Lynx timing system will be used.
Starting	All athletes will be required to use blocks supplied by Eastern Mennonite

University. There will be eight sets of First Place International 4-Angle Starting Blocks available.

Locker Rooms

Locker rooms are available in the EMU University Commons, and portable toilets are located near the track. If you use a locker room please do not leave valuables unattended. Eastern Mennonite University **WILL NOT** be responsible for lost or stolen articles.

Implement Weigh-In

The weigh-in area for the shot put, discus, and javelin will be in the canopy near the shot put area. **Any implement brought in after the weigh-in period has closed, will not be allowed for use during competition.**

Impounded implements will be held and will be available for pick-up after the conclusion of the event.

Entry Fees

\$150.00 per team or \$20.00 per individual up to six individuals.

Infield Restriction

Team camps must be on the outside of the fence. Athletes should refrain from throwing footballs, Frisbees, or objects on the infield. The javelin is also located on the infield and athletes should be aware of the event as it takes place.

Electronic Devices

Electronic devices (i.e. Cell phone, headphones, etc.) are prohibited in competition venues (i.e. infield, track, throwing areas, jump areas).

Field Events

Nine (9) will advance to finals for field events, priority will be given to collegiate athletes.

Starting Heights and Progressions

Women's Pole Vault2.95m-3.10m-3.25m-3.40m-3.50m-3.60m-3.70m

Men's Pole Vault4.00m-4.15m-4.30m-4.45m-4.60m-4.70m-4.80m

Women's High Jump1.43m-1.48m-1.53m-1.58m-1.63m-1.66m-1.69m

Men's High Jump.....1.78m-1.83m-1.88m-1.93m-1.98m-2.01m-2.04m

Wind Readings

Wind gauges will be available for the LJ/TJ and sprints.