

Name _____ *Pre-Evaluation

Rate: 1= don't know at all, 5 = know and understand extremely well

My Personality	1	2	3	4	5
My Career Interests	1	2	3	4	5
My Work-Related Skills	1	2	3	4	5
My Workplace Values	1	2	3	4	5

Identify at least five career options related to my major/field of interest (if you are able):

I feel confident that my major/career path is right for me: Yes_____ No_____

Additional comments & reflection:

Name _____ *Post-Evaluation

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