



*do justice, love mercy, walk humbly with God*

**year1**

## Values Worksheet

What do *you* value? We learn values from our parents, our families, our friends, our peers, our schools, our church, our environment, and our communities. Our values guide our decisions and actions. When we make a choice to do one thing over another, we make a value judgment. They give us a foundation and prompt us to act for change. Complete the following questions to examine your values.

### **I. Consider the following list. Identify five top priorities in your value system. Feel free to articulate values not found in this list.**

having fun	respect	justice
time alone	independence	appearance
love	stable marriage	having children
service	faith	leadership
family	financial stability	education
stewardship	fulfilling career	purpose
friends	freedom	being known
power	politics	laughter
honesty	challenges	creativity
health	kindness	nature
peace	status	discovery

### **Five of my most important personal values:**

- 1.
- 2.
- 3.
- 4.
- 5.

~over~

**II. What five values do you appreciate most in others?**

- 1.
- 2.
- 3.
- 4.
- 5.

**III. What three words would you like to hear someone use to describe you?**

- 1.
- 2.
- 3.

**IV. Your vocation should be compatible with your values. What values will you look for as you consider career options?**

- 1.
- 2.
- 3.

**V. In living out your values, what do you contribute to the EMU community? Briefly explain.**